

## Is there a “Right Time” to move?

For many of us there comes a time when staying in our current home may no longer be the best option. According to Bruce Nemovitz, author of “Moving in the Right Direction”, the reasons can vary with some of the top issues being the difficulty with home maintenance, health concerns, downsizing, loneliness, and transportation.

Many people who have been diligent in their retirement planning leave the decision about moving out of their home to chance. They may wait until physical hardship forces them or their family to make quick decisions and operate in a crisis management mode. Inadequate planning can lead to limited options and disappointing outcomes, emotionally and financially.

We are naturally creatures of habit and change is difficult. The fear of the unknown can make the decision to move nearly impossible. The best way to overcome fear is through knowledge and adequate planning. If we can break down an overwhelming project into smaller tasks, the process becomes much easier and not so daunting. Nemovitz offers a five step process to consider ...

- 1- **Determine your financial situation** – Make a detailed list of your personal assets and consider possible resources that include financial planners, elder law attorneys and advisors, Senior Real Estate Specialists, etc...
- 2- **Research senior housing options** – Locally our St. Johns County Council on Aging is an awesome resource. Senior community marketing directors can provide tours of their facilities and explain the different types of housing options and pricing.
- 3- **Begin the downsizing process** – Even if you are not moving soon, we can benefit from sorting our personal property. Decide room by room what we can sell, give to friends and family, donate, or throw away.
- 4- **Evaluate future needs** – Try to be realistic about present and future needs (stairs, location, transportation, etc...). Visit with family and friends about your concerns and discuss with others who have gone through the moving process.
- 5- **Match your needs and wants** – By knowing your resources and housing options that are available, you can decide the best match for your monetary, health, and emotional needs. Make a list of things that are most important (activities, dining, location, etc...) and find as many matches from the available options.

By taking the smaller steps and following the process, we can have the power to make well informed decisions at the “Right Time”!

To purchase the entire book, here is the link - <https://www.amazon.com/Moving-Right-Direction-Seniors-Downsizing>

**www.JohnSellsStJohns.com**  
*John Lawrence, Broker Associate*

**JOHN LAWRENCE  
REALTOR®**  
904-570-5553  
JohnLawrence@JohnSellsStJohns.com

**FIRST COAST  
Realty**  
2746 US 1 S  
St. Augustine FL 32086

**SRES**  
SENIORS REAL ESTATE SPECIALIST

**MRP**  
Military Relocation Professional